



SACRED HEART PARISH

Sunday 15th March 2026
4th Sunday of Lent (Laetare)
Mother's Day



Deacon: Joe Baxter

Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm, Mon, Tues, Wed, Fri

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam sacredheartparishbelfast.com/Webcam

~Mass Times~

Saturday Vigil: 6.00pm: Seamus McAleenan Jr, Anniversary Mass

Sunday Masses: 9:30am: William Barclay, Anniversary Mass

11:30am: Donal McAnoy, Anniversary Mass.

Weekday Masses: **Tuesday 10.00am: St Patrick's Day Mass**

Tuesday 7:00pm: Novena Arthur McGrogan, Month's Mind Mass

Wednesday 10.00am: Charles Lyons, Anniversary Mass

Confessions & Adoration: Saturday: 5:00pm - 6:00pm.

Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.

~Upcoming Feast Days~

17th March
St Patrick

18th March
St Cyril of Jerusalem

19th March
St Joseph

~Anniversaries~

Annie McCabe
Tommy Gillespie
Jimmy Kelly
Gerard Lagan
Patsy Haughan
Eileen Haughan
Eamon Hamill

*A Donation of £5 per candle
is greatly appreciated*

~Recently Deceased~

Liam Curley
Brian McCann
Denis Ferguson
Briege Hamill
Nancy Deighan
Linda O'Donovan
*Eternal rest grant unto them,
O Lord*

~Weekly Collection~

£1070.57

~Building Fund~

£257.30

The Parish Thanks You
For Your Kindness And Generosity

~Sanctuary Candles~

Kathleen Adams Sr
Colette Grogan
Annie McCabe
Anne Fitzsimons

*Eternal rest grant unto them,
O Lord*

~Baptisms~

Welcome into our community

Rossa Jody McDonnell
Antóin Patrick McCavana

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

*Happy Mother's Day
to all the Mother's, Grandmother's, Great Grandmother's,
Mother's to be, Foster Mother's and anyone with a
Mothering role.*

**Pope Leo's Prayer
Intentions
for 2026**

**March:
For disarmament
and peace.**

Let us pray
that nations move toward
effective disarmament,
particularly
nuclear disarmament,
and that world leaders
choose the path of
dialogue and diplomacy
instead of violence.
Amen

Mother's Day Prayer

Dear Lord,
We thank You for the gift of
mothers, for their love, guidance,
and care. Please bless them with
Your grace, strength, and wisdom
as they continue to nurture and
support their families. Surround
them with Your love and peace,
and let them know how deeply
they are appreciated and
cherished. In Jesus' name, we
pray. Amen.

**A Prayer for the Fourth Week of
Lent**

Loving Creator of mine,
I feel the pace quicken,
the time draw near.
I am filled with joy as I move
toward Easter and the promised
reconciliation with you.
Teach me to follow the example
of your Son, to be worthy of being
called one of his people:
a Christian.
Help me to live each day as he did,
turning hatred to love and conflict to
peace.
I await the new life with eagerness,
faith and a deep gratitude.
Amen

Divine Mercy Prayer Group. The Stations of the Cross will take place every Friday during Lent at 2.15pm in Sacred Heart, followed by Exposition, Prayers and Confessions. Everyone is welcome.

St Patrick's Dawn Prayer Gatherings Christians from all denominations will gather at St Patrick's grave in Downpatrick at 5:45am, 17th March, to pray The Our Father, one hundred times for peace and unity in Christ. Everyone welcome. Please spread the word. legacyofsaintpatrick@gmail.com

Sacred Heart Stitch & Crochet Group will be holding their Annual Easter Sale after each Mass, Saturday 21st & Sunday 22nd March. All proceeds in aid of Trócaire. Easter eggs and Ballots will also be available. Come along and show your support.

St Patrick's Day—Migrant Collection. The Council for Migrants, Refugees and Justice and Peace is inviting parishes to take up a collection in support of migrant people, whether coming to Ireland or those Irish who have left these shores and are still very much part of our church and communities around the world. Funds raised through this collection will be used to support the work of the Council and other projects that provide pastoral outreach to marginalised and vulnerable communities within Ireland and among Irish people abroad.

The Ardoyne Branch of the Gaelic League will be holding its annual church door collection on St Patrick's Day, as they have done for many years. Your continued support is much appreciated.

The Ballyclare Male Choir will be performing a concert to raise funds for the Youth Ministry in the Loughshore Parishes on Friday 20th March in Star of the Sea, Whitehouse at 7.30pm. Tickets cost £15 and are available from the parish office. Tel. 02890370845. email loughshore@downandconnor.org

Chatty Café. Open Wednesday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)

Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

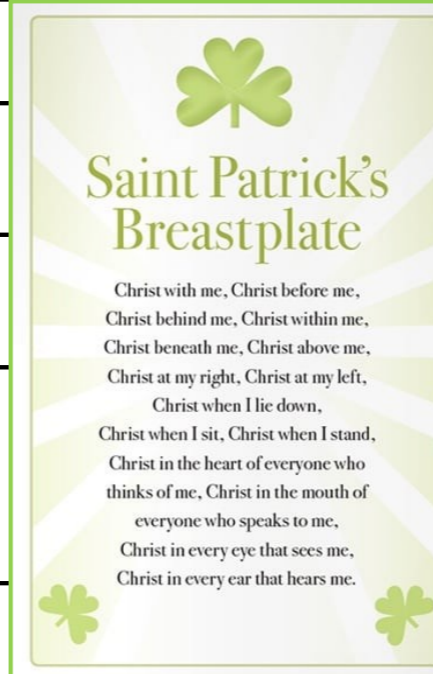
Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.

The Spred Group meet every second Monday in the Parish Hall at 7pm.

The Stitch and Crocheting Group meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

Lifeline-24hr 7 days a week 0808 808 8000
Samaritans anytime night or day 116 123
St Vincent De Paul 028 90351561
Cancer Lifeline 028 90 351999
AA 02890351222

AI-Anon Family Groups 028 9068 2368
PIPS 0800 088 6042
Youth Education Health Advise 02890 757 809
Diocesan Safeguarding Officer Philip O'Hara
07534 992 124



**Saint Patrick's
Breastplate**

Christ with me, Christ before me,
Christ behind me, Christ within me,
Christ beneath me, Christ above me,
Christ at my right, Christ at my left,
Christ when I lie down,
Christ when I sit, Christ when I stand,
Christ in the heart of everyone who
thinks of me, Christ in the mouth of
everyone who speaks to me,
Christ in every eye that sees me,
Christ in every ear that hears me.

Sacred Heart of Jesus, I place all my trust in Thee